

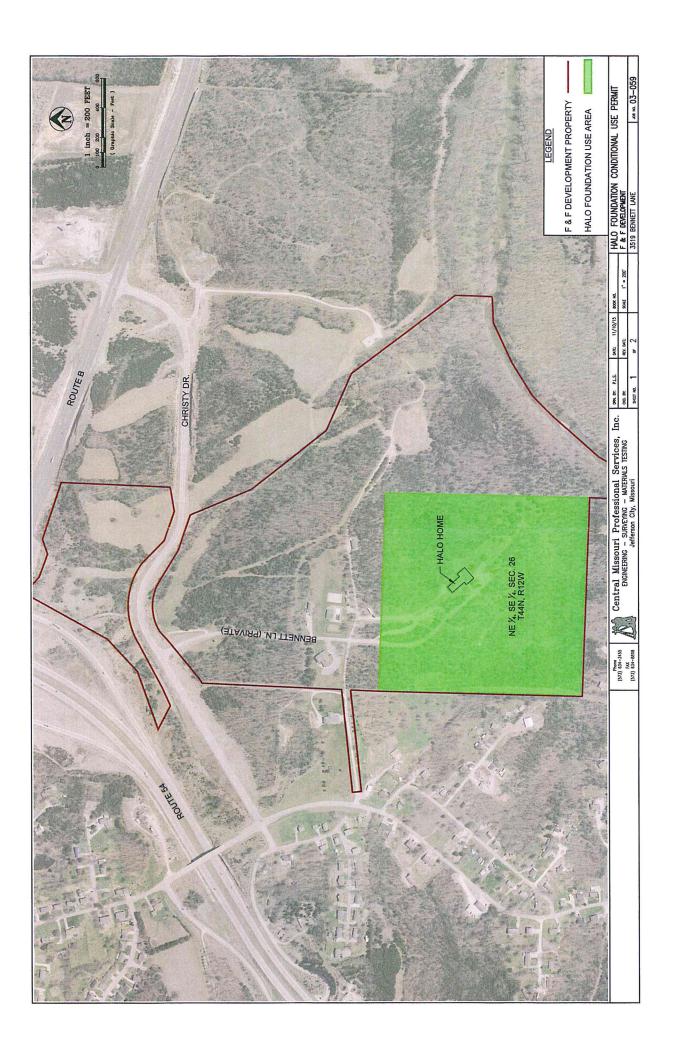
City of Jefferson
Department of Planning & Protective Services
320 E. McCarty Street
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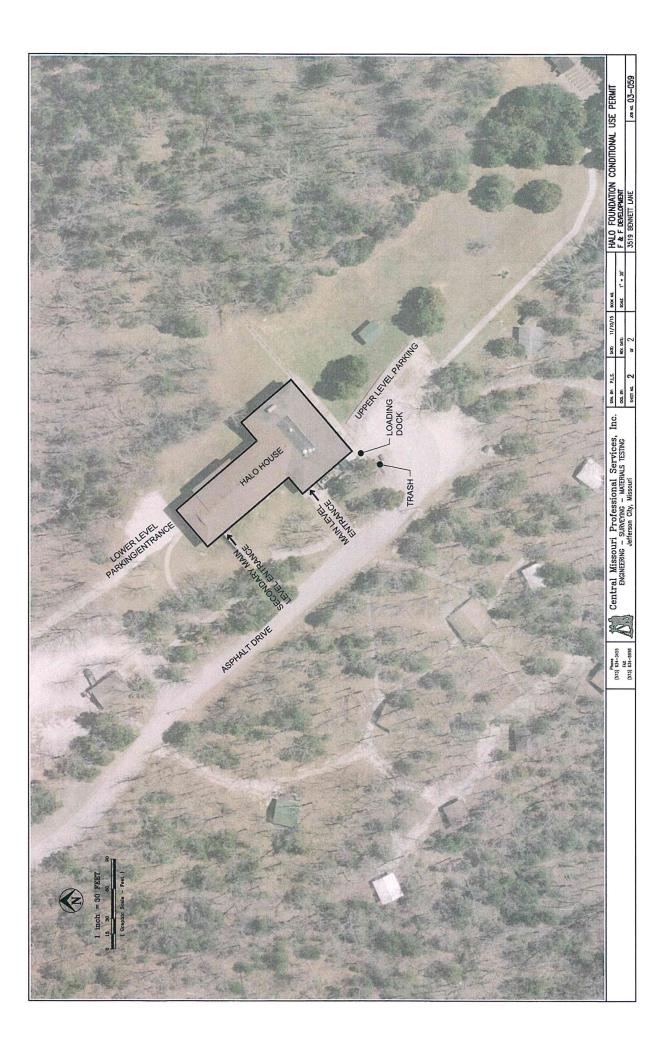
Date filed:

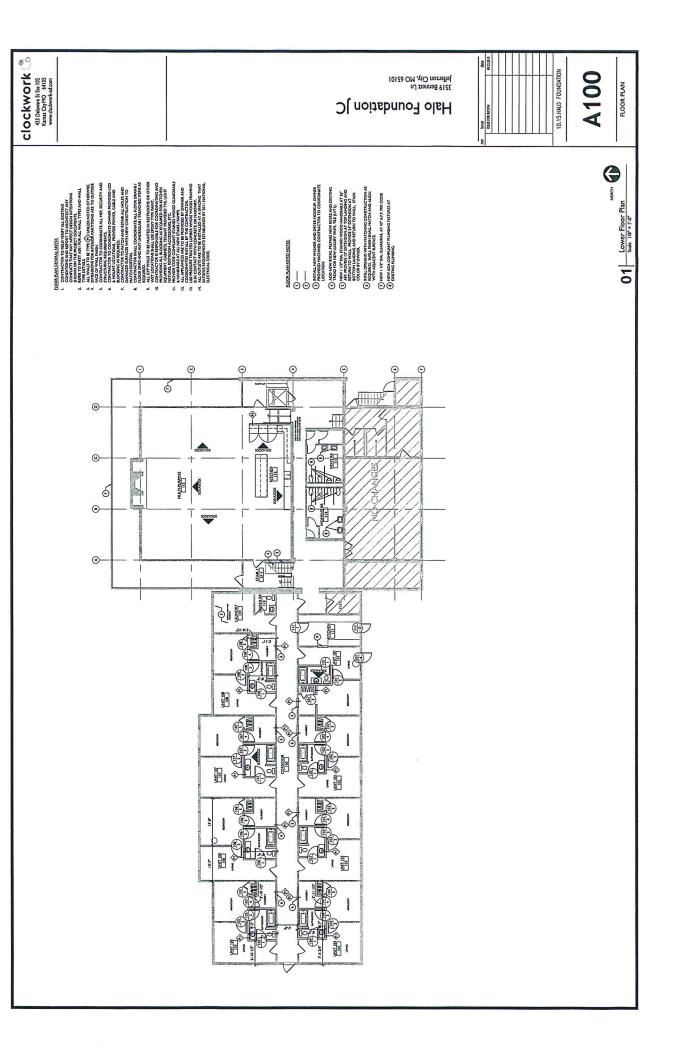
## APPLICATION TO THE BOARD OF ADJUSTMENT

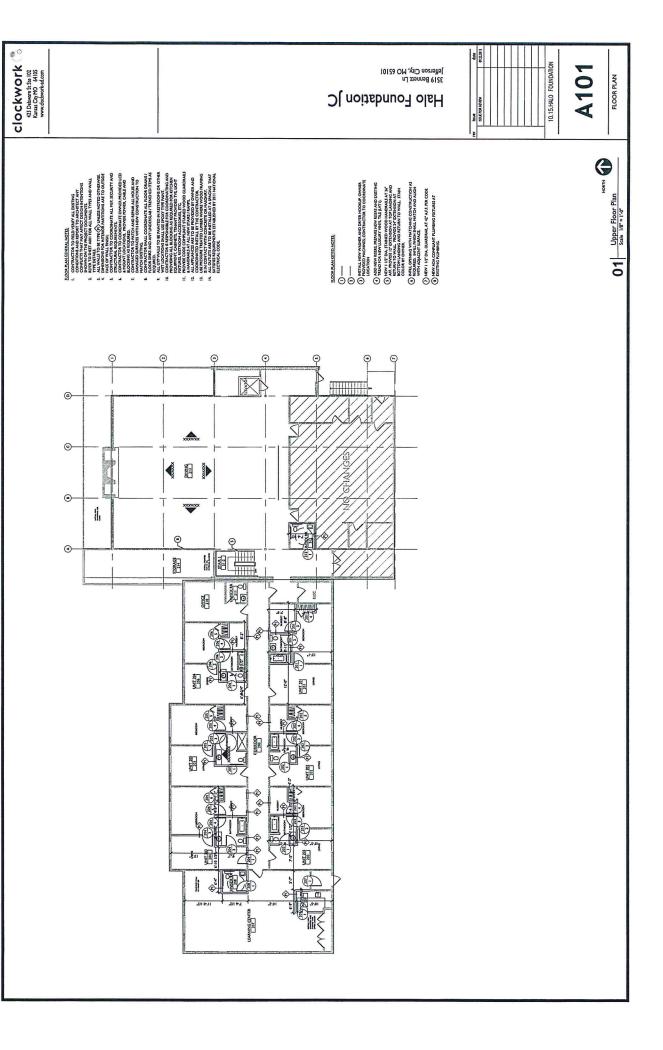
1.	The undersigned h	ereby request(s) the following:	
000000	Appeal (Section 35 Conditional Use Pe	ermit (Section 35-73A; Section 35-71, Site Plan)	
0	Variance (Section 3	35-73B; Section 35-71, Site Plan)	
Õ		sing and Signs: Conditional Use Sign Permit  /, Flood Hazard Regulations; Variance to Flood Hazard Regulations	
	Other (including Int	terpretations; please describe in #2 below)	
2.	Describe exactly the type of project proposed or what is being requested and the purpose of the request. Cite affected Section numbers if known (or attach separate sheet).		
Conditional Use Permit "HALO Home" at the former Rickman Center Conference Center.			
3.	The application is f the property must be A. Street Address:	iled for the following described real estate: (the correct legal description of pe printed below or attached to this application).	
	B. Property Descrip	otion: NE 1/4, SE 1/4, SEC. 26, T44N, R12W	
4.	A <b>site plan in accordance with Section 35-71</b> is required for conditional use permits and variance applications. A "sketch" site plan may be required for other applications such as conditional use sign applications. A check in the amount of \$210.00* payable to the "City of Jefferson" for the application filing fee must be attached to this application. *Revised June 30,		
5.	2015.		
	Variance applicants must complete the attached Variance Affidavit. Each question must be answered and the affidavit must be signed by the applicant(s) and notarized.		
6.	The undersigned owners of this pro	certify to be all of the owner(s) of the above described property. (All operty must sign and the signatures must be notarized).	
k	IKK FACE		
	perty Owner Name (		
F & F Development			
Prop	perty Owner Name (	type or print) Property Owner Signature	
Subsection MACKWERY before me this 10 day of 10 UNIVOR , 2015.			
Subsetted MACKWEY before me this 10 day of 10 No. 10 April 10 Apri			
County of Cole			
Commission # 11500009			
	different from proper		
Name		The HALO Foundation - Rebecca Welsh, President	
Mailing Address		1600 Genesse #528, Kansas City, MO 64102	
Phone Number		573-230-4546	

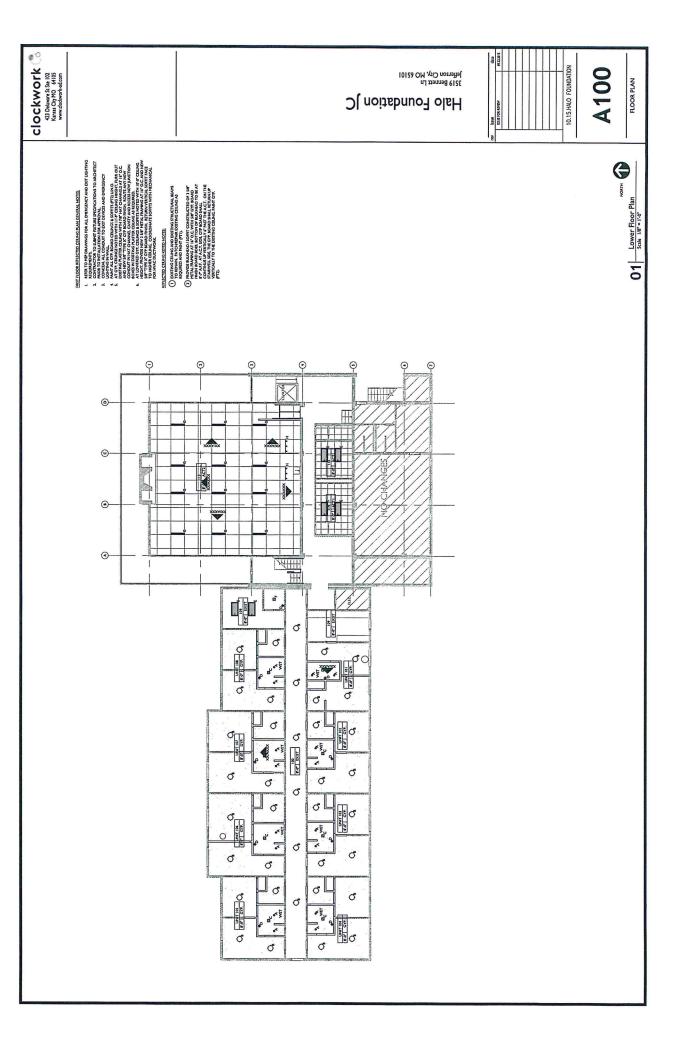
Specific information may be required depending upon type of application. Please refer to the appropriate Chapter. Other permits, including building permits and sign permits may be required in addition to Board actions. Please seek advice of City staff or your consultant, if applicable.

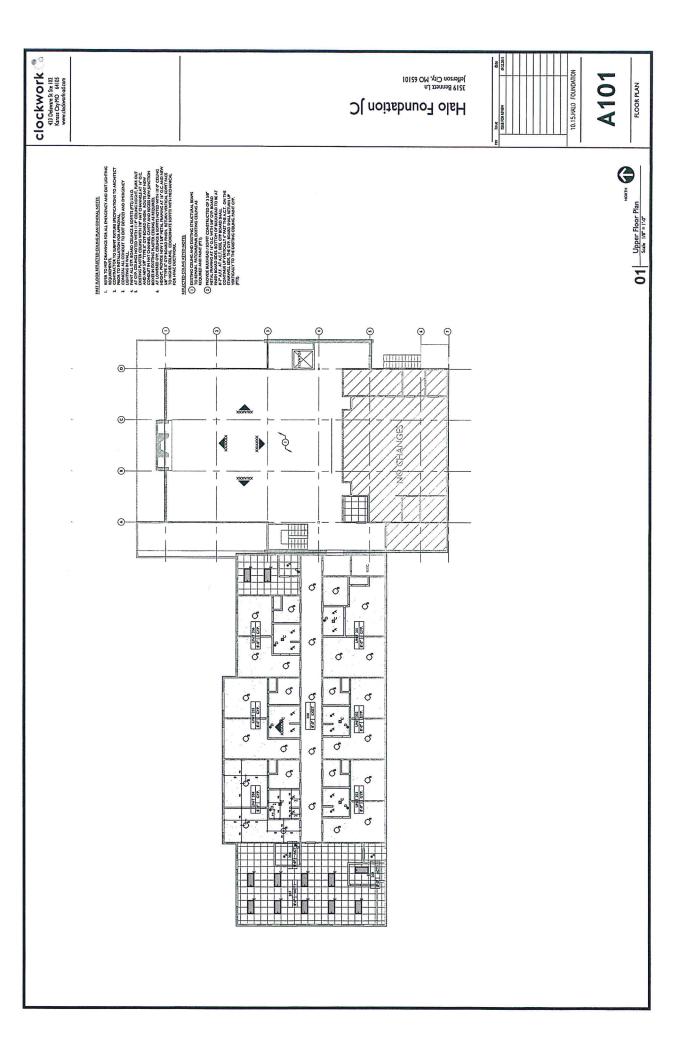












# HALO HOME JEFFERSON CITY, MO

The property is located at 3519 Bennett Lane in Jefferson City, Missouri. Known as the Rickman Center, this 125 acre property includes a 24,000 square foot primary facility which sits on just under 3 acres, eleven cabins, recreation facilities, walking trails, etc. The property was recently acquired by Farmer Holding Companies, and a long-term lease has been executed with the HALO Foundation.

The HALO Foundation will be remodeling the facility to provide a transitional living facility for at-risk homeless youth. An architect has been engaged to work with the HALO team to determine how to best utilize the space, and subsequently to develop final design and renovation plans. This work will be accomplished in two phases. Phase 1 will be completed immediately to address the need to house 5 teens and a house mom. Funding for Phase I has been secured, and renovation work will begin as soon as the plans are approved by the city for permitting. Phase 2 consists of an extensive remodel for the remainder of the facility.

#### Phase 1 Improvements

Convert 12 existing rooms on the main floor into 6 larger units; renovate the laundry room; and remodel the lower level common area. One of these units will be for the house mom, and the other 5 units will be for girls already engaged in the program. This area consists of approximately 7,487 square feet, and it is estimated that the renovation/remodel work will cost \$66.78 per square foot for a total estimated cost of \$500,000. Once plans are finalized, the project will be bid through standard processes. The Phase 1 remodel will consist of:

- Reconfiguration of space for optimal utilization
- New flooring and paint
- New bathrooms in all units including tubs, vanities and toilets
- FFE for all units (i.e. furnishings, fixtures, etc.)

#### Phase 2 Improvements

Remodel the remaining 12,859 square feet. It is estimated that the renovation work will average \$62.21 per square foot for a total estimated cost of \$800,000. This space includes the lower level residential quarters, main level assembly room, kitchen and office space, along with roof replacement and new windows throughout the facility. Once plans are finalized, the project will be bid through standard processes. The Phase 2 remodel will consist of:

- Reconfiguration of space for optimal utilization
- New flooring and paint
- New bathrooms in all lower level units including tubs, vanities and toilets
- FFE for entire space (i.e. furnishings)
- New roof over the entire building
- New office for TLP staff
- New Kitchen

- Remodeled main floor common area
- New Windows
- New Laundry Room

Current and proposed floor plans are included as **Exhibit 1**.

## **SERVICES**

The HALO Learning Center launched in Jefferson City in 2012 by partnering with JC High School, the foster care system, and alternative schools to provide art therapy and future-focused programs to at-risk and low income youth. All programming revolves around the future-focused DREAM Campaign, developed in Kansas City, which empowers youth to become contributing members of their community. Current programming includes art therapy-based workshops revolving around monthly character traits, confidence building, life-skills, and job prep programs. These programs are designed and taught by HALO Center staff and volunteers.

HALO also is supporting a transitional living program (TLP) for the homeless and extreme at-risk youth in Jefferson City and the surrounding community. This shelter provides a safe haven for youth in the greatest need. In 2013-14, HALO conducted research about homeless youth in Jeff City. Through agency and school partnerships we learned that there are over 135 teenage youth in Jeff City who are homeless. Their homelessness can be caused by many different circumstances, such as their parents being incarcerated, death, drug addiction, abuse, etc. Youth in these situations have very few options. Sometimes they can live with a relative, but most end up sleeping on friend's couches or even sleeping in their cars.

HALO supports youth in the greatest need. Few resources for homeless minors in Jeff City are available. Therefore, HALO started its Teen Transitional Living Program (TLP). With the help of the Jeff City community, HALO raised enough funds to start a pilot program to move two homeless teen girls, one who is a teen mom and her 18 month old daughter, into their own apartments.

This program provides free rent and utilities for homeless teens for up to 18 months. The goal of the program is to equip teens with the skills to live and support themselves independently. While in the program, youth are required to attend school full time until they graduate and hold a job. Youth also participate in programs that help them set achievable goals, learn how to manage their finances, attain a sustaining job or higher education, and learn life skills, such as cooking, cleaning, and how to present oneself professionally. Once the new center is complete, all HALO programs will be offered onsite.

The Transitional Living Program is typically an 18-month, in residence program. During an initial 3-month period, teens work closely with the residential leader to determine the acuity of their needs, and to establish a plan focused on independence for the teen.

However, no teen is ever cut off from the program, and all participants are welcome to continue to receive supporting services after transitioning out. This includes assistance with such things as job training, finding child care, meals, etc.

## HOW YOUTH WILL BE SERVED

The issue of homeless youth in the Jefferson City community was something of a hidden issue until the HALO program arrived. In August of 2014, the Jefferson City News Tribune published a story regarding the need for shelter and other services for this silent population (please reference page 6 for the text of this article). HALO provides these youth with a place to seek help, and for those highest at risk, it provides shelter. The proposed project will significantly expand HALO's Transitional Living Program to increase its capacity to house homeless youth from five youth with babies to twenty-six youth. With the Jefferson City School District identifying nearly 200 students as homeless, HALO's program is needed to assure those that are unsheltered (i.e. not staying with friends, family, etc.) have a roof over their head, food to eat, and transportation along with supports to continue their education.

The National Network for Youth reports, "Unaccompanied youth face access barriers to education, keeping many of them from completing high school degrees or post-secondary education. Such barriers include school attendance policies, credit accrual, legal guardianship requirements, residency requirements, proper records, and lack of transportation. These barriers can cause youth to be denied enrollment, often resulting in a youth remaining out of school for long periods of time. It is because of this that homelessness can interrupt education and normal socialization processes that are developed during youth. This affects a young person's future ability to live independently, and also results in the development of learning problems and interpersonal communication problems, leading youth to have future troubles integrating into society. These problems, coupled with the lack of a degree, lead youth to face "severe challenges" in supporting themselves emotionally and financially." Without proper education or degree, unaccompanied youth find themselves contributing to unemployment rates in America. Those who can find jobs often don't make livable wages. Society will eventually feel the additional effects of uneducated and unemployed youth. "Youth who are out of school and out of work are not acquiring the knowledge and skills needed to replace the skilled, educated, and experienced adult workers who will be retiring in the coming decade."1

Key Recommendations from the Research. In the 2009 report by the National Center for Children in Poverty, Homeless Children and Youth: Causes and Consequences, Arantani identified the following areas for policy focus:

• Increase housing subsidies to provide permanent housing for children living in homeless families, and unaccompanied youth. Homeless families who received

<sup>&</sup>lt;sup>1</sup> NN4Y issue Brief. Consequences of Youth Homelessness. www.nn4youth.org

- housing subsidies are 20 times more likely to have housing stability after shelter use, compared with those who did not receive a subsidy.<sup>2</sup>
- Increase school-based and community-based health and mental health services, including assessment and screening for homeless children and youth. Focus on using a trauma-informed approach. Homeless youth who used a mobile health or mental health unit for five months or more were more likely to report being stabilized on medications and counseling, decreased substance use, received regular birth control and immunizations, and treated and referred medical conditions. Homeless youth prefer to receive health care services at clinics that are "youth friendly."
- Target and increase programs that better identify and serve children living in homeless families and unaccompanied youth with developmental delays or at-risk developmental delays and disabilities.
- Increase funding for transitional and independent living programs for youth who are aging out of foster care. Iowa, Texas, Connecticut, Utah, and Maryland implemented a range of initiatives including workforce investment strategies to post-secondary support. In Kentucky, the CFCIP program successfully helped more than 200 youth attain post-secondary education.
- Provide nutritiously adequate food and nutrition outreach at shelters and other temporary housing. A special supplemental nutrition program for Women, Infants and Children (WIC) were designed to reach WIC-eligible families in homeless shelters, to identify nutrition inadequacies among those homeless families and to provide them with nutrition supplements through the WIC food package.<sup>7</sup>
- Provide educational services to facilitate high school completion for unaccompanied youth who dropped out of high school. Those who had a high school equivalent degree were more likely to have lawful employment.<sup>8</sup>
- Provide vocational training and employment services for unaccompanied youth to achieve economic self-sufficiency. Approximately 60% of homeless young adults who

<sup>&</sup>lt;sup>2</sup> Shinn, M.; Weitzman, B. C.; Stojanovic, D.; Knickman, J. R.; Jimenez, L.; Duchon, L.; James, S.; Krantz, D. H. 1998. Predictors of Homelessness among Families in New York City: From Shelter Request to Housing Stability. *American Journal of Public Health* 88(11): 1651-1657.

<sup>&</sup>lt;sup>3</sup> Busen, N. H.; Engebretson, J. C. 2008. Facilitating Risk Reduction among Homeless and Street-Involved Youth. *Journal of the American Academy of Nurse Practitioners* 20(11): 567-575.

<sup>&</sup>lt;sup>4</sup> Ensign, J.; Gittelsohn, J. 1998. Health and Access to Care: Perspectives of Homeless Youth in Baltimore City, USA. *Social Science & Medicine* 47(12): 2087-2099.

<sup>&</sup>lt;sup>5</sup> Cooper, J. L. 2008. *Towards Better Behavioral Health for Children, Youth, and Their Families: Financing That Supports Knowledge*. New York: National Center for Children in Poverty, Columbia University Mailman School of Public Health.

<sup>&</sup>lt;sup>6</sup> U.S. Department of Health and Human Services. Chafee Foster Care Independence Program: Program Description. Accessed Aug. 1, 2009 from

http://www.acf.hhs.gov/programs/cb/programs fund/state tribal/jh chafee.htm.

<sup>&</sup>lt;sup>7</sup> Hamm, L. A.; Holden, E. W. 1999. Providing WIC Services to Homeless Families. *Journal of Nutrition Education* 31(4): 224-229.

<sup>&</sup>lt;sup>8</sup> Gaetz, S.; O'Grady, B. 2002. Making Money: Exploring the Economy of Young Homeless Workers. *Work Employment Society* 16(3): 433-456.

participated in job training class found employment within three months following the training.<sup>9</sup>

The HALO Foundation's TLP program is structured to address all of these areas of focus.

#### WHAT IS THE NEED

Outside of HALO's TLP program, there is no other shelter program in the community, or the region for that matter, specifically designated for youth. Data and local partners have revealed a pressing need. This need does not center solely on housing. The HALO Learning Center launched in Jefferson City in 2012 by partnering with JC High School, the foster care system, and alternative schools to provide art therapy and future-focused programs to at-risk and low income youth. All programming revolves around the future-focused DREAM Campaign, developed in Kansas City, which empowers youth to become contributing members of their community. Current programming includes art therapy-based workshops revolving around monthly character traits, confidence building, life-skills, and job prep programs. These programs are designed and taught by HALO Center staff and volunteers.

Specific to the TLP program, the newly acquired facility is dated, and not adequately designed to accommodate youth living in-residence. For example, TLP needs five living quarters specifically designed to accommodate teens with infants/small children. The current quarters are designed for individuals, and will require significant remodeling to accommodate need. A private donor has contributed the funding to complete this phase of the renovation (Phase 1). Phase 2 renovations, which are the focus of this NAP request, include renovation of 16 additional rooms to accommodate individual or parenting youth, along with modernization of the remainder of the facility. In total, Phase 2 is a 20,000 square foot renovation project that includes weatherization, living quarter renovations, kitchen and laundry facility renovations and other updates to assure the facility is safe, secure and appropriate for the Transitional Living Program.

In terms of wait lists, HALO completes interviews with every youth that comes to its door seeking assistance. At this time, we are aware of 135 local youth who lack a permanent residence and are in need of a stable living situation. As the data reflect, the Jefferson City School District identified 198 students in the 2013-14 school year as homeless under the McKinney-Vento Act. The McKinney-Vento Education of Homeless Children and Youth Assistance Act is a federal law that ensures immediate enrollment and educational stability for homeless children and youth. McKinney-Vento provides federal funding to states for the purpose of supporting district programs that serve homeless students.

<sup>&</sup>lt;sup>9</sup> Lenz-Rashid, S. 2005. Employment Experiences of Homeless Young Adults: Are They Different for Youth with a History of Foster Care? *Children and Youth Services Review* 28: 235-259.

The McKinney-Vento Act defines homeless children as "individuals who lack a fixed, regular, and adequate nighttime residence." The act provides examples of children who would fall under this definition:

- Children and youth sharing housing due to loss of housing, economic hardship or a similar reason
- Children and youth living in motels, hotels, trailer parks, or camp grounds due to lack of alternative accommodations
- Children and youth living in emergency or transitional shelters
- Children and youth abandoned in hospitals
- Children and youth awaiting foster care placement
- Children and youth whose primary nighttime residence is not ordinarily used as a regular sleeping accommodation (e.g. park benches, etc.)
- Children and youth living in cars, parks, public spaces, abandoned buildings, substandard housing, bus or train stations
- Migratory children and youth living in any of the above situations

The article below was published in the Jefferson City News Tribune on August 29, 2014. It provides the best overview of the need and community interest in this project.

### Homeless Teens Find Hope with HALO.

HALO is trying to tackle a new issue, the homeless youth of Jefferson City.

The Helping Art Liberate Orphans foundation has 13 orphanages around the world. They serve around 450 kids in Kansas City through the city's multiple shelters and organizations to help homeless youth, but Jefferson City does not have the same resources as Kansas City.

"We did start internationally, but when we came back to the states we started realizing the needs here," HALO founder Rebecca Welsh said. "Jefferson City has been the biggest wake up call for me personally. I now live here and have realized just in the last eight to ten months how much need there is in our community."

Through personal surveys, talking with principals and homeless liaisons in the school district, Welsh estimates there are 135 homeless youths in Jefferson City. These children sleep in parks, cars or with friends because going home is not an option. Some of their parents are addicted to drugs or incarcerated. Some have abandoned their children.

"This is a big need in this community and it just doesn't have a lot of resources to help minors specifically," the foundation's Elle Benage said. "We are constantly doing research on who are the most at-risk kids, where are they, and what resources are there to help them."

At the moment the program provides transitional living for two teenagers, but there are several more who Benage and Welsh are trying to help. One young woman they are

attempting to help had to take a break from school after finding her boyfriend who had committed suicide. Her father had abandoned her, and she was not able to live with her drug-addicted mother, Benage said.

Another girl was forced to marry a 22-year-old man by her father who lacked the funds to keep her fed. Her husband abused her, and she had his child at age 14. She is now divorced, and the ex-husband is in jail for abusing her and their son.

"There are countless situations like that," Benage said. "The amount of challenge these kids have to come through on their own without parents to help them, it is just amazing."

During an informational meeting at the HALO center, Circuit Court Judge Pat Joyce said she personally knew one of the children mentioned, and that without mentoring from programs like HALO these kids will end up in prison, or worse.

"They have no hope," Joyce said. "It is a continuing need. This is not just like a bump in the road. It has gone on for a very long time. I think the one-on-one really does make a difference in their lives. They do change their lives and it is one-on-one mentoring that does it."

The program is not for any child who leaves their parents and home. HALO workers carefully screen the youths to find out who really needs help. In HALO housing, the children have free rent and utilities but are required to be in school, have a job, save a portion of their income and complete courses that will teach them how to live independently, Benage said. These courses teach things like cooking, parenting and finance skills.

The future goal for the program is to be able to house at least 18 teens who are separated into three groups: boys, girls and pregnant girls. To achieve this goal, HALO workers will have to apply for grants, form partnerships, secure more funds and raise more awareness on the issue.

#### A FEW STORIES FROM CURRENT YOUTH

Since she was born, **Amari's** family life has been unstable and difficult. From the time she was 4 months old, both of her parents were incarcerated. Amari lived with different family members and friends where she was constantly changing living arrangements and schools. At age 13, Amari's mother was released from prison and they moved in together. Unfortunately, her mother struggled with drug addiction which left Amari in yet another unstable living situation; there were periods of days where Amari was left alone because her mother was high or arrested.

At age 16, Amari became pregnant with a baby girl. Though pressured by her mother to have an abortion, Amari decided to keep her baby. Soon after delivering her child, her

mother went missing, and Amari was evicted from their apartment. Financially unstable, without a home, and too young to sign a lease, Amari interviewed for a place in the HALO TLP.

"I'm trying to find somewhere stable. I just want to feel good about my home so I can feel good with my baby and don't have to stress if she is crying and waking other people up, but I'm not financially stable to get anything on my own or old enough to sign a lease."

Since being accepted into the HALO TLP, Amari and her baby have their own apartment. She is growing as a mother, and is very thankful for a stable place for her and her baby. She is excelling in her classes and plans to graduate high school early and begin online college classes. HALO is very proud of Amari!

Caylin grew up in a very unstable and traumatic environment. Both of her parents were drug addicts and were divorced when she was a young girl. She lived with her father until he lost custody of her, and her mother would often go missing for days at a time because of her drug addiction. At a young age, her grandfather sexually abused Caylin and her older sister. When the abuse was reported, her grandfather took his own life. Both the abuse and the suicide were extremely traumatic for Caylin.

At age 14 Caylin became pregnant with a girl. Addicted to both marijuana and alcohol, Caylin voluntarily admitted herself into rehabilitation for 18 months. While in rehab, she delivered her child. Her daughter is her motivation to stay sober.

"I don't want my daughter to see me on drugs because that is the way I see my mother."

Caylin interviewed for a place in the HALO TLP. At the time she living in an apartment with her daughter that her mother had cosigned on. Her mother left to move in with her boyfriend, and Caylin was forced to drop out of school to work two jobs to pay rent. She knew that if she didn't get help to pay rent, she probably wouldn't be able to go back to school and finish her degree.

Since July 2014, Caylin has been a part of the HALO TLP. She was able to go back to school and has recently graduated. Though she still struggles with depression and anxiety as a result of the abuse she experienced in her childhood, she is a very determined and driven young person. The TLP staff has been blown away by what Caylin is capable of accomplishing when given support.

Itream comes from a very strict and religious immigrant family. Her father passed away when she was very young, and she and her mother moved in with her mother's parents. At age 16, Itream and her boyfriend, who is not a part of her religion, became pregnant. When her family found out about the pregnancy, her church excommunicated her and her family shunned her. Though she was allowed to live at home, she was forced to stay locked in her room at all times. She wasn't allowed to eat meals with the family, and no

one communicated with her. Unless Itream married the father of her baby and he converted to their religion, her family would continue to shun her. Itream refused to marry under those conditions. The neglect and emotional abuse Itream experienced was extremely difficult and caused her significant stress. The stress caused her to have a high-risk pregnancy.

Itream hoped that once she had the baby her family would love the child, and this would stop them from shunning her. Unfortunately, things did not change after her baby was worn.

Itream took a place in the HALO TLP, and is thriving in the new environment. Her and her baby are healthy and adjusting well. Stream says that she feels at peace and without stress for the first time. She is a 4.0 student and has a dream to become a physician. She knows this goal will require hard work and commitment, but she is determined to accomplish it and provide a peaceful life for her and her child.

## **COMMUNITY FEEDBACK**

Through close work with the community, and in listening to local youth, the need for this expanded transitional living program emerged. Over the past year, HALO staff have worked with local developers to identify an appropriate opportunity to accommodate this need. Youth currently involved in the program offer continual input into how the program is structured and what their needs evolve to over the time they are participating. The program director, in partnership with founder and president Rebecca Welsh, have used this information to conceptualize the new facility and to begin to develop a sustainability plan to support the on-going operation of the new center.

#### PROGRAM PARTICIPANTS

With an estimated capacity of 26 youth in residence, and allowing for turnover based on level and duration of need, HALO estimates direct support to an average of 32 to 40 youth annually. Estimates are based on the number of residential units that will be available, and on HALO's assessment of the existing need in the community. The program includes a 3-month initial stay, during which time staff work with the youth to determine the need for an 18-month residential placement. After 18 months, youth are connected to supported housing opportunities in the community. Youth may continue participation in the program as long as needed, receiving job skills training and placement assistance, meals, etc.

Characteristics of customers. The target population is pregnant, parenting, and non-parenting youth age 16-21, and their dependents, who are in homeless or high-risk situations. 100% of program participants have income less than 25% of the median

income for Cole County, Missouri, and most have no source of income outside of parttime employment. The typical HALO youth are those who are not involved in the foster care system and cannot live with their biological parents due to situations such as: parents being incarcerated, addicts, physically or emotionally abusive, who take no physical or financial responsibility for their children, or parenting teen who are not welcome to in their parent's home due to financial burdens or religious beliefs. These youth may be female or male, and there is no income requirement in order to receive services.